What men can do:

All men play a very important role in sexual violence prevention. Men think that rape and other forms of sexual violence are typically thought of as women’s issues. What men don’t know are the roles they can play in stopping sexual assault. Following is a list of things any man can do to play a role in stopping sexual violence.

**BE AWARE** of disrespectful language.

**LEARN** effective sexual communication.

**SPEAK UP** when you see or hear attitudes and behaviors that degrade women and promote rape.

**SUPPORT** survivors of rape.

**CONTRIBUTE** your time and resources. Join organizations working to prevent violence against women.

**TALK WITH WOMEN** about how the risk of being raped affects their lives. Be willing to listen.

**TALK WITH MEN** about how it feels to be seen as a potential rapist. Learn how sexual violence touches the lives of men and what men can do to stop it.

**WORK** to end other oppressions. Speak out against beliefs and behaviors you disagree with including rape and sexual violence.

**MAKE A PROMISE** to yourself to be a man of integrity and who values women.

Help is available!

**THE EVERSAFE PROJECT**

SU Wellness Center  
(530) 226-4667

**THE EVERSAFE PROJECT**

Counseling Center  
(530) 226-4106

**CAMPUS SAFETY**  
(530) 941-7592

**REDDING POLICE (RPD)**  
(530) 225-4200 or call 911

**TITLE IX ADMINISTRATOR**  
(530) 226-4667

**THE EVERSAFE WEBSITE:**  
simpsonu.edu/eversafe

**FOR 24HR. SERVICE**

**PLEASE CALL:**  
One Safe Place  
(530) 244-0117

S \[SU EVERSAFE PROJECT\]

Supporting Survivors standing up...to keep our community safe.

**WELLNESS CENTER**

Suite 208 Owen Center

For more information  
Please call (530) 226-4106
What is the EverSafe Project?
The EverSafe Project is designed to increase and improve counseling and advocacy services for all students who may experience violence or a threat of violence. The EverSafe Project offers prevention education about sexual assault, dating/relationship violence and stalking.
It is a collaboration with Simpson University’s Campus Safety, the Redding Police Department (RPD), Simpson Athletic Department, The Student Development Conduct Office, Simpson University Wellness Center and “One Safe Place” (a community organization offering intervention and safety for victims of Abuse).

Why is EverSafe Needed?
Incidents of student-on-student sexual assault continue to be the “perfect storm” for college campuses which are now being carefully watched by the Department of Education (DOE). The Office of Civil rights (OCR), a multitude of difficult student issues often resulting from alcohol, mental health and sexual violence (dating/domestic violence & stalking) have come to the forefront on our campus. Colleges and Universities have been encouraged by the government to respond quickly and thoroughly to eradicate all sexual violence on our campuses and the EverSafe project is a big part of this endeavor.

What is Stalking?
According to the National Center for Victims of Crime, stalking is “a course of conduct directed at a specific person that would cause a reasonable person to feel fear” (www.ncvc.org/src). One in twelve women and one in forty-five men will be stalked during their lifetimes. Eighty percent of campus stalking victims know their stalker. Three out of ten college women reported being injured emotionally or psychologically as a result of stalking. Stalking is a crime in all fifty states.

What is Dating/Relationship Violence?
Relationship violence is any harmful or unwanted physical, verbal, sexual, or emotional act inflicted by a casual or intimate partner with the intentions of causing pain to another person. Here are some warning signs to look for in a potentially violent relationship:

1. Your partner tells you who can be your friends, what you can wear, and where you can go.
2. Your partner is often jealous.
3. Your partner puts you down, blames you for whatever goes wrong.
4. Your partner has been violent on other occasions.

YOU CAN SEEK HELP THROUGH SU’S EVERSAFE!

What is Sexual Assault?
Sexual assault occurs whenever an individual feels forced, coerced, and/or manipulated into unwanted sexual activity. Sexual assault includes rape, incest, child sexual assault, ritual abuse, date and acquaintance rape, statutory rape, marital or partner rape, sexual exploitation, sexual contact, sexual harassment, exposure, and voyeurism.
Sexual assault can also occur when individuals are unable to consent to sexual activity, such as when a person has been drinking, using drugs, or may be unconscious.

According to the California Coalition Against Sexual assault (CCAR), one out of every four women have experienced rape or an attempted rape by the age of 18. That means that on a college campus, one out of every four women may have experienced sexual assault.

Title IX
Sexual harassment is any unwelcome conduct of a sexual nature. It includes unwelcome sexual advances, requests for sexual favors, and other verbal, nonverbal, or discriminatory comments. Any form of sexual misconduct is a form of sexual harassment prohibited by Title IX.
Complaints of sexual harassment, including sexual violence, should be made to the Title IX Administrator.
(530) 226-4667