4-YEAR SUGGESTED COURSE SCHEDULE
KINESIOLOGY (Applied Health – Athletic Training)
Simpson University

	FALL			SPRING		
	COURSE #	**COURSE TITLE**	**UNITS**	**COURSE #**	**COURSE TITLE**	**UNITS**
FRESHMAN	GATE 1000	Gateway to the Ascent	2	BIBL 1310	Literature of New Testament	3
	BIOL 1310	Human Anatomy + Lab	4	BIOL 1320	Human Physiology + Lab	4
	COMM 1260	Oral Communication	3	ENGL 1220	Principles of College Writing II	3
	CORE 2000	Engaging Faith & Society	3	Trail #2	Cultural Perspectives (HUMA 1460)	3
	KINS 2100	Intro to Kinesiology	3	Trail #3	Civic Engagement	3
	LEAD 2000	Service Seminar	0			
			15			**16**
SOPHOMORE	BIBL 1300	Literature of Old Testament	3	BIOL 2120	Medical Terminology	2
	BIOL 2110	Nutrition	3	CHEM 1520*	General Chemistry + Lab	4
	CHEM 1510	General Chemistry + Lab	4	KINS 3200	Measure. & Eval. in Kinesiology	3
	MATH 1830	Precalculus	3	MATH 2610	Statistics	3
	Trail #4	Intro to Psychology (PSYC 1600)	3	Trail #1	Artistic Expression	3
			16			**15**
JUNIOR	KINS 3000	Global Health Issues	3	KINS 3300	Biomechanics	3
	KINS 3210	Care & Prevention of Athletic Injury	3	KINS 4430	Applied Motor Development	3
	PHYS 2110*	General Physics I + Lab	4	KINS 4300	Clinical Experience	3
	PSYC 3625W	Research Methods	3	Summit	Lifespan Development (PSYC 3016)	3
	KINS 3100	Exercise Physiology	3		Unrestricted Elective	3
			16			**15**
SENIOR	BIOL 1510*	General Biology I + Lab	4	KINS 4460	Exercise & Nutrition for Special Pop…	3
	KINS 4100W	Exercise & Sports Psychology	3	KINS 4500	Organization & Admin in Kinesiology	3
	KINS 4200	Exercise Prescription	3	KINS 4600	Kinesiology Internship	3
	Trail #5	Adventure Recreation	1	PHED 1230	First Aid/CPR	1
		Unrestricted Elective	3		Unrestricted Elective	3
			14			**13**

Note: Course offerings are subject to change. Please refer to the SU Catalog as the authoritative source for graduation requirements.

Last updated 10/28/2026