4-YEAR SUGGESTED COURSE SCHEDULE
KINESIOLOGY (Applied Health – Occupational Therapy)
Simpson University

	FALL			SPRING		
	COURSE #	**COURSE TITLE**	**UNITS**	**COURSE #**	**COURSE TITLE**	**UNITS**
FRESHMAN	GATE 1000	Gateway to the Ascent	2	BIBL 1310	Literature of New Testament	3
	BIOL 1310	Human Anatomy + Lab	4	BIOL 1320	Human Physiology + Lab	4
	CORE 2000	Engaging Faith & Society	3	COMM 1260	Oral Communication	3
	KINS 2100	Intro to Kinesiology	3	ENGL 1220	Principles of College Writing II	3
	LEAD 2000	Service Seminar	0	Trail #2	Cultural Perspectives (HUMA 1460)	3
	PSYC 1600	Intro to Psychology	3			
			15			**16**
SOPHOMORE	BIBL 1300	Literature of Old Testament	3	BIOL 2120	Medical Terminology	2
	BIOL 2110	Nutrition	3	KINS 3200	Measure. & Eval. in Kinesiology	3
	CHEM 1510	General Chemistry + Lab	4	MATH 2610	Statistics	3
	KINS 3100	Exercise Physiology	3	PSYC 2040*	Abnormal Psychology	3
	MATH 1830	Precalculus	3	Trail #1	Artistic Expression	3
				Trail #5	Adventure Recreation	1
			16			**15**
JUNIOR	KINS 3000	Global Health Issues	3	KINS 3300	Biomechanics	3
	KINS 3210	Care & Prevention of Athletic Injury	3	KINS 4430	Applied Motor Development	3
	PSYC 3625W	Research Methods	3	PSYC 3016	Lifespan Development (Summit)	3
	PSYC 4680*	Physiological Psychology	3	PSYC 3500*	Selected Topics in Psychology	3
	Trail #3	Civic Engagement	3		Unrestricted Elective	3
			15			**15**
SENIOR	ANTH 3110*	Cultural Anthropology	3	KINS 4300	Clinical Experience	3
	KINS 4100W	Exercise Prescription	3	KINS 4460	Exercise & Nutrition for Special Pop…	3
	KINS 4200	Exercise & Sports Psychology	3	KINS 4500	Organization & Admin in Kinesiology	3
		Unrestricted Elective	3	PHED 1230	First Aid/CPR	1
		Unrestricted Elective	3		Unrestricted Elective	3
			15			**13**

Note: Course offerings are subject to change. Please refer to the SU Catalog as the authoritative source for graduation requirements. *Restricted elective.

Last updated 10/28/2026